Removal of a fractured instrument: Two case reports

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Fractured instruments pose a challenge to every endodontist. The difficulty in the retrieval of these instruments ranges from surprisingly easy to downright impossible. The clinical outcome of cases with fractured instruments depends on several factors, such as the position of the instrument in the canal, the type of material, the instrument size and canal anatomy. Failure in retrieval of the fractured instrument does not automatically result in failure of the case. One can still try to bypass the instrument, choose a surgical approach, or even wait and see. However, if we hear ‘nothing ventured, nothing gained’ in mind, then we should always at least try to retrieve the fractured instrument.

Case I

A 27-year-old female patient was referred to our practice. She was in good health and had an American Society of Anesthesiologists (ASA) score of 1. The patient had some mild clinical symptoms on tooth #30 due to apical periodontitis. She had been told, by the referring dentist, that there was a fractured instrument in her tooth and that the instrument had to be removed first in order to allow for decent retreatment.

Before starting with the treatment, a new diagnostic radiograph was taken. In this case, the diagnostic radiograph (Fig. 1) showed not one but two broken instruments in the mesial root, one in each mesial canal. Thereafter, the tooth was isolated with the rubber dam and the coronal filling was removed. Straight-line access was established, as this is imperative in order to be able to reach and see the fractured instruments. Gates-Glidden burs (DENTSPLY Maillefer) were used to enlarge the mesial orifices coronally.

After reaching the instrument in the mesio-buccal canal, I modified a Gates-Glidden bur by removing the tip of the bur (Fig. 2). In this manner, one gains an aggressive bur that allows one to create a platform above the instrument. At this moment, the instrument could be clearly visualised (Fig. 3). Ultrasonic instruments were then used to loosen the fragment. ProTaper files (DENTSPLY Maillefer) were used to enlarge the mesial orifices coronally.

During the next visit, the tooth was again isolated and opened. The calcium hydroxide paste was removed, using 10% citric acid and passive ultrasonics with the IRRISAFE tip (Satelec). Again, ultrasonics were used to retrieve the instrument. After five minutes, the fragment in the mesio-buccal canal was removed. Another five minutes later, the instrument in the mesio-lingual canal was also removed. While removing the instrument in the mesio-buccal canal was very time-consuming, removing the instrument from the mesio-lingual canal was surprisingly easy. This clearly highlights the afore-mentioned difficulty range of instrument retrieval.

After the removal of both instruments, working length was determined in both mesial canals with the electronic apex locator (Root ZX Mini, Morita). A glide path was established and the mesial canals were initially shaped with a ProTaper S1 (DENTSPLY Maillefer). Cogious irrigation was performed using 5% sodium hypochlorite. Next, the gutta-percha in the distal canal was removed with a size 25.06 ProFile (DENTSPLY Maillefer), which was rotated at 500 rpm in an X-smart Easy endodontic motor (DENTSPLY Maillefer). No chemical was required for gutta-percha softening. The canals walls were scraped with Micro-Debriders (DENTSPLY Maillefer) in order to remove the last remnants of gutta-percha. All canals were shaped to a size 40.06 ProFile. Final apical shaping was performed with K-Flexofiles (DENTSPLY Maillefer). Smerz layer removal was carried out by new irrigation of the canal with 10% citric acid. A final wash of the canals was performed with sterile saline. Tapered gutta-percha cones were then fit...
Placed (Fuji IX GP Fast). Final of glass-ionomer cement was (SybronEndo). After obturation the Elements Obturation Unit according to the continuous wave canal sealer.

Maillefer) was used as a root-ted (Fig. 4) and tug-back was con-

clusive coronal restoration.

Case II

A 10-year-old male patient was referred to our practice. He was in good health and had an ASA score of 1. The referring dentist had fractured a small instru-

ment—most likely a size 10 or 15 K-file, according to his referral letter—while performing root-

channel treatment on tooth #4. The root-

channel treatment was necessary because of a trauma that the patient suffered. The buccal cusp had fractured and the pulp was exposed.

A new diagnostic radiograph (Fig. 8) was taken, which showed the fragment approx. 5 mm from the apex. The tooth was isolated with rubber dam and access was gained through the temporary restoration, which was placed by the referring dentist.

After opening, the remnants of calcium hydroxide paste were removed with 10 % citric acid and passive ultrasonics. The frac-

tured instrument could be visual-

ised immediately (Fig. 9), be-

cause the canal was very large in the middle and coronal part. This allowed a very conservative and tissue-saving approach. Given the position in the canal and the shape of the canal, a deep apical split of the canal was suspected. After probing with small K-files, a patent palatal was confirmed.

The instrument was fractured in the bucal canal. A titanium ProTaper tip #8 (DENTSPLY Mail-

defy) was used to loosen the instrument. In the meantime, copious irrigation with 5 % sodium hypochlorite was performed.

The fractured instrument was retrieved (Fig. 10) and after deter-

mining working length (Fig. 11), shaping with rotary nickel-tita-

nium instruments (Twisted Files, SybronEndo) was started. Both canals were shaped to a size 25.08 Twisted File. The master apical file was kept small due to the deep split (Fig. 12) and the tension felt while shaping, thus minimizing new instrument fracture. Apical finishing was carried out with size 25 K-flexofiles. Smear-layer removal was performed with a rinse of 10 % citric acid. A final wash of the canal was carried out with sterile saline. Tapered gutta-percha cones were then fl-

ted and tug-back was confirmed (Fig. 13). Topical was used as a root-canal sealer. Both canals were obturated according to the continuous-wave of condensation technique with the Elements Obturation Unit. After obtura-

tion (Figs. 14 & 15), a temporary restoration, which was placed by the referring dentist.

In the end, removal of a frac-

tured instrument can be very dif-

ficult and it may take a long time to accomplish. Dr MargreRené once said on the ROOTS forum that she was being taught that endo-

dontics is all about the three P’s: Passion, Persistence and Pa-

tience. This hits the nail right on the head as far as instrument retrieval is concerned.  

Before proceeding with the retrieval, a new diagnostic radiograph (Figs. 16 & 17) were taken, both parallel and angled. The prog-

nosis of this case was good and the patient was referred to his general dentist for a defini-

tive coronal restoration.

In the meantime, co-

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